**Introductory Component (3):** HONOR 113 Connection and Commitment

*Gateway course for new freshman, continuing sophomores and juniors, and new transfer students*

*Outcomes:* Contextualize issues from multiple academic disciplines; Apply knowledge of self to map academic goals and pathways; Demonstrate knowledge of campus resources, organizations, and high impact activities to catalyze goals and facilitate pathways; Demonstrate understanding of active learning, self-regulation, and metacognition and their value in education

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**Honors Seminar (3):**

HONOR 313 Seminar in Interdisciplinary Studies

*Example past seminars:*
  - Volunteerism in the Arts;
  - Italian Migrations in Literature, Film, and Population Culture;
  - Devil in America: Humanity's Journey towards Evil of Hope

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**General Education (3):**

HONOR 413 Interdisciplinary Perspectives on Social Problems

*Example past seminars:*
  - Art and Crime; The Innovation Economy; Natural and Unnatural History of Point Loma;
  - School Violence and Criminal Minds

*GE Honors Sections*

*Example past sections:*
  - ANTH 402; HUM 370;
  - RELS 356, 363;
  - SOC 320; PSYCH 340

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**High Impact Experience(s):**

Meaningful participation in either Research, Leadership, Service, or Creative Activity

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**Interdisciplinary Project (3):**

HONOR 480 Connection and Community

*Students reflect on the high impact experiences they complete in their departments, programs, and communities and evidence attainment of core competencies.*

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**International Experience:**

Credit-bearing adviser-approved Study Abroad

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**Integrative Portfolio (3):** HONOR 495 Integrative Capstone

*Capstone course for graduating students*

*Outcomes:* Assess trajectory of intellectual and personal growth during the university experience; Demonstrate capacity for critical thinking and analysis about values, beliefs, behaviors, and positions; Integrate academic, professional, and community involvement, including major and honors-specific coursework and high impact practices; Formulate action plan for post-baccalaureate personal and professional aspirations