

**Student Ability Success Center  
San Diego State University**

**Documentation Guidelines for Physical Disabilities  
(Mobility or Health-related)**

In order to determine eligibility for accommodations and services from the Student Ability Success Center (SASC) at San Diego State University, verification and supporting documentation of the student's disability must clearly demonstrate that he or she meets the definition of disability as stated in the ADA Amendments Act of 2008 (ADAAA). The impairment must substantially limit one or more major life activities and affect the student's ability to function in an academic environment.

Examples of health-related disabilities include epilepsy and diabetes.

**Students requesting accommodations and services must provide the following information:**

- Documentation with a clear diagnosis of disability, prognosis, and anticipated duration of impairment.
- An assessment of the functional limitations of the disability for which accommodations are being requested, and whether the degree of limitation is mild, moderate, or substantial.
- Medication currently being taken and their side effects.

Requests for accommodations are considered on a case-by-case basis and the determination of actual services and accommodations will be made by the Student Ability Success Center.

## Disability Verification

(Physical: Mobility or Health-related)

The student named below may be eligible for services and accommodations offered through the Student Ability Success Center at San Diego State University. In order to determine eligibility, verification and documentation of the student's disability must clearly demonstrate that he or she has one or more functional limitations in the academic environment. Please note that the determination of actual services and accommodations will be made by the Student Ability Success Center.

**TO BE COMPLETED BY STUDENT (Please type or print legibly in ink):**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Red ID#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I authorize the release of the information requested below to the Student Ability Success Center at San Diego State University.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**TO BE COMPLETED BY A LICENSED PROFESSIONAL:**

1. Diagnosis: \_\_\_\_\_

2. The disability is:  
 permanent       temporary and expected to last through \_\_\_\_\_

3. Level of severity:  
 Mild       Moderate       Severe       Partial Remission

4. Date(s) of diagnosis: \_\_\_\_\_

5. **MOBILITY LIMITATION**

• Without significant fatigue, injury, or pain, what distance is this individual able to walk (feet, yards, blocks)? \_\_\_\_\_

• Can this individual climb steps or sharp inclines?       No       Yes  
If yes, how many? \_\_\_\_\_

6. Functional Impact Assessment. Please specify the degree of limitation that the student currently exhibits within each of the following major areas:

0=None  
 1=Mild/Moderate  
 2=Substantial

| Major Life Activity        | Degree of Impact         |                          |                          | Major Life Activity      | Degree of Impact         |                          |                          |
|----------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|                            | 0                        | 1                        | 2                        |                          | 0                        | 1                        | 2                        |
| 1. Caring for Oneself      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 15. Learning             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Talking                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Reading                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Hearing                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Writing                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Breathing               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Spelling               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Seeing                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Quantitative Reasoning | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Walking/Standing        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Math Calculating       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Lifting/Carrying        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Processing Speed       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Sitting                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Memorizing             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Performing Manual Tasks | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Concentrating          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Eating                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | • Listening              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Interacting w/Others   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 16. Working              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Sleeping               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 17. Other:               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Thinking               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 18. Other:               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Communicating          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | 19. Other:               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

7. How does the student's disability affect his/her ability to function in an academic environment? (e.g. mobility, classroom activities, memory, perception, processing speed, etc.)

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8. Current prescribed medications related to disability:

| Medication | Dose/Frequency | Effects/Side Effects |
|------------|----------------|----------------------|
| <hr/>      | <hr/>          | <hr/>                |
| <hr/>      | <hr/>          | <hr/>                |
| <hr/>      | <hr/>          | <hr/>                |
| <hr/>      | <hr/>          | <hr/>                |

I certify that the above referenced client/patient has a "physical or mental impairment that substantially limits one or more of the major life activities of such individual" as defined by the ADA Amendments Act of 2008 (ADAAA). In addition, I have the necessary professional qualifications to document my client/patient's disability, and the information provided on this form is accurate to the best of my knowledge.

Name of Professional (PLEASE PRINT): \_\_\_\_\_

Signature of Professional: \_\_\_\_\_

License#: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone#: \_\_\_\_\_ Fax#: \_\_\_\_\_

Return this form to our office as soon as possible so this student may begin participation in our program. Please include any verifying documents from your files.

**Student Ability Success Center  
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